

# MARYLAND COMPETITIVE CHEERLEADING



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**Name of School:** University of Maryland  
**City:** College Park, Md.  
**Founded:** 1807  
**Enrollment:** 34, 801  
**Nicknames:** Terrapins, Terps  
**School Colors:** Red, White, Black and Gold  
**Conference:** Atlantic Coast  
**President:** C.D. "Dan" Mote, Jr. (California, '51)  
**Athletics Director:** Deborah A. Yow (Elon, '74)  
**Head Coach:** Lura Fleece (Maryland '91)  
**Assistant Coaches:** Jarnell Bonds (Maryland '02), Angie Fisher (Maryland '02), Alexis Gilliam (Maryland '02)

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### Media Guide Credits

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Additional copies of this media guide can be purchased for \$5, plus \$1.50 for shipping and handling, by writing the Athletic Media Relations Office, University of Maryland, College Park, Maryland, 20742, or by calling 301-314-7064.

### 03-04 COMPETITIVE CHEER SCHEDULE

| Day     | Date           | Competition                   | Site                | Type     |
|---------|----------------|-------------------------------|---------------------|----------|
| Sat     | Dec. 6         | Wildwood Winter Championships | Wildwood, N.J.      | Regional |
| Sat     | Dec. 13        | Spirit Unlimited              | Baltimore, Md.      | Regional |
| Fri-Sun | Jan. 16-18     | Cheersport                    | Atlanta, Ga.        | National |
| Sun     | Jan. 25        | World Cup                     | Freehold, N.J.      | Regional |
| Sat-Sun | Feb. 7-8       | American Championships        | Baltimore, Md.      | National |
| Sat     | Feb. 21        | Spirit Unlimited              | Atlantic City, N.J. | Regional |
| Sat     | Mar. 20        | Cheerleaders of America       | Upper Marlboro, Md. | Regional |
| Wed-Sun | Mar. 31-Apr. 4 | National Cheerleading Assoc.  | Daytona, Fla.       | National |
| Sun     | Apr. 18        | Spirit Unlimited              | Doswell, Va.        | Regional |

# HEAD COACH LURA FLEECE

*12th Year at Maryland • Maryland '91*



With over ten years of coaching experience at the collegiate level, Lura Fleece is ready to take Maryland's competitive cheer team onto the national scene. As a former Maryland Terrapins and Baltimore Ravens cheerleader, Fleece brings passion and persistence to her newly scholarshiped team. With 12 years at the helm of the Terrapin Spirit Squad, her experience and Terp pride will undoubtedly guide the newly formed squad to the top.

"Lura Fleece brings an enormous amount of experience and enthusiasm to this ground-breaking endeavor," said Maryland's Director of Athletics Deborah A. Yow. "Lura's history at Maryland makes her the perfect coach to guide this squad into the national spotlight."

Aside from coaching the competitive cheer team, the 1991 Maryland graduate, co-owns the Baltimore-based Spirit Unlimited Cheer and Dance Company. The company, started in 1999, hosts camps, clinics and competitions for the region's top cheerleading squads and performers. Fleece has been the Director of Summer Camps for the last five years, in addition to spending three years working as the Competition Coordinator.

Over the years, Fleece has played a monumental role in growth of Maryland cheerleading and the success of the Spirit Squad. Under her tutelage, the Spirit Squad placed in the top 10 in each of the last five National Cheerleading Association national competitions. The all-girl's team won the National All-Girl Collegiate Championships in 1999, edging out perennial cheerleading powerhouse Louisville. She also coached the co-ed team a fourth-place finish in 2001 and to two sixth-place finishes in 1998 and most recently in 2002.

Fleece captained the Baltimore Ravens cheerleading squad during the 1999-2000 season, performing routines and stunts with the co-ed group. The following year, she joined the coaching staff to serve as the Game Day Coach. In that capacity, Fleece advised the head coach regarding material and choreography and instructed the L'il Ravens cheerleading program for cheerleaders and dancers ranging in ages from 6 to 18. It was during her time as a coach that the Ravens won Super Bowl XXXV in January 2001.

Prior to becoming a Ravens cheerleader, Fleece worked as a sales representative for Cheerleader/Danzteam and for the National Cheerleaders Association. While working with Cheerleader/Danzteam from 1996-2000, she organized cheer clinics, coach's clinics and summer camps, in addition to marketing and selling cheerleading merchandise to surrounding high

schools. As Supersquads State Director for NCA, Fleece managed statewide youth after school programs, organized and coordinated cheer/dance clinics and competitions and choreographed material for nationwide curriculum.

While attending Maryland from 1988-1991, Fleece cheered three years with the varsity co-ed squad. She was captain junior and senior years, choreographing routines and leading the squad to the Universal Cheerleading Association Nationals. Her time and effort paid off, as she was named a NCA Collegiate All-American three times. Also during that time, Fleece worked as an instructor for the NCA from 1986-1991, working primarily with camps, clinics and judging local competitions.



**Fleece with two of the other co-owners of Spirit Unlimited.**



**Fleece with the Terps prior to a practice session.**

# COACHING STAFF

## JARNELL BONDS



Jarnell Bonds will get her collegiate coaching start at her alma mater this season. A 2002 graduate from the University of Maryland, Bonds takes on the role as assistant coach after a year as a volunteer coach for the Terrapins. As a former Ravens Cheerleader and a member of Maryland's Spirit Squad, Bonds brings with her experience crucial to a team forming their foundation as a scholarship sport at the division I level.

While at Maryland, Bonds worked as an intern in the athletic department where she was entrusted with accounting transactions, and was the point person for the department's relocation in 2002.

She also served as the program director for the Junior Terps, a youth cheerleading program sponsored by the University of Maryland. During the program she managed the staff and was in charge of promotional material for the clinics.

Aside from cheerleading, Bonds stays busy in corporate world. She has used her B.A. in communications, which she puts to work as an account representative at Humanscale in Landover, Md. Bonds works as a liaison between the company and its customers, as well as working to generate new business. The former captain of the Terps Cheerleading squad also worked as the competition manager at Spirit Unlimited Cheer and Dance Company. Bonds was in charge of the event schedule and logistics for cheer programs at the Baltimore-based Spirit Unlimited company.

## ALEXIS GILLIAM



Alexis Gilliam is serving as a volunteer assistant coach for the Maryland competitive cheerleading team this season. Gilliam was a member of the all-girl cheer squad at Maryland for four years, including the 1999 season when the team won the National Cheerleading Association Championships.

Gilliam toured the United States and Canada with Dance Caravan, a professional dance company, for nine years. She also has extensive choreographing and judging experience of both cheerleading and dance routines.

### Maryland Cheerleading: Did You Know?

- There are approximately 3 million cheerleaders in the United States.
- American Cheerleader magazine estimates that 225 colleges and junior colleges award full and partial scholarships.
- There are approximately 72 national or regional competitions for college, high school or youth teams - up from eight in 1988.
- A total of 110 cheer teams competing in eight divisions competed at the National Cheerleading Association's national championships in Daytona Beach, Fla., last spring.
- It is estimated that more than 500,000 cheerleaders attend cheer camps each summer.

Source: USA Today

## ANGELA FISHER



Angela Fisher completes the coaching staff for the Competitive Cheer team this year. Along with fellow Maryland grads, Lura Fleece and Jarnell Bonds, the 2002 graduate returns to her alma mater as the Terps assistant cheer coach. With her B.A. in family studies, Fisher brings to the table 16 years of cheer experience, along with a keen eye for organizational management. She will use her creative talent to help mold Maryland's newest varsity sport into an elite group of varsity athletes.

Fisher is currently employed at Spirit Unlimited where she consistently

keeps a record of productivity and leadership. She was also the Summer Youth program director in Crofton, Md. Because of her ability to work cohesively with young adults, Fisher was able to oversee registration and camp activities, as well as create and implement group activities for the participants. Fisher is in her second year as a Ravens cheerleader and is currently a captain for the 2003 season. As a part of her membership on the Ravens cheerleading team, she attends events which raise money for charities.

The former Terp cheerleader also fills her schedule with caring for children at Childcare Specialist, in Columbia, Md. There she develops learning activities for the children, in addition to coordinating and supervising transportation for the company. While cheering with the Ravens, Fisher also served as the director of the L'il Ravens in Baltimore, Md., at which she directed and counseled squads from youth to high school.

### SUPPORT STAFF



**Mike Cefaratti**  
Equipment



**Alissa Clendenen**  
Media Relations



**Kathy Fueston**  
Academic Support



**Aaron Haviland**  
Operations & Facilities



**Barry Kagan**  
Strength & Conditioning



**Jen Sanderson**  
Administrative Assistant



**Brett Tillett**  
Sports Marketing



**Sandy Worth**  
Sports Medicine

# 2003-04 SEASON OUTLOOK

## Maryland Begins First Season Of Varsity Competitive Cheer

On Aug. 28, 2003, the University of Maryland entered uncharted territory and went where no Division I institution had gone before. Maryland Director of Athletics Deborah A. Yow, along with the rest of the athletic department, proclaimed competitive cheerleading a varsity sport, becoming the first university in the country to fully fund the activity.

Since that date, the Maryland cheerleading world has been abuzz with activity and excitement for the upcoming season. In May, 15 female members from the Terrapin Spirit Squad, the group that cheers at football and basketball games, made the decision to switch over to the competitive cheer team. After tryouts in September, 10 more women were added to the team to round out the all-female competitive cheer roster.

Under the guidance of former Maryland Terrapins and Baltimore Ravens cheerleader Lura Fleece, the competitive cheer squad began practice on Oct. 15. Fleece, who headed up the Terps' spirit squad for 12 seasons, brings a wealth of experience and enthusiasm to this history-making endeavor.

"I'm really looking forward to guiding this squad to the top," Fleece said. "We have an enormous amount of talent and a lot of potential. I have absolutely no doubt we are capable of accomplishing magnificent things."

The squad will commence a 10-competition schedule in December, concluding with an appearance at the National Cheerleading Association (NCA) championships in Daytona Beach in early April. The national championship, which is televised annually by CBS, draws nearly 150 collegiate teams every year.

The NCA championships and Cheersport in mid-January will pit the Terps against some of the top collegiate

cheerleading squads in the country. The remainder of the schedule will feature competitions against area colleges, exhibition teams and open squads. Regardless of the competition, the team's goal is to finish in top three in every meet this season, ultimately culminating with a win at nationals.

In the past, the spirit squad developed a routine for nationals a month before the contest. Now, the competitive cheer squad will use the same 2 minute and 15 second routine for every meet from December thru the NCA championships, giving them the ability to concentrate on fully developing the dance, cheer and tumbling combinations that make up the routine.

"It's been a very positive experience to be able to have a central focus," Fleece said. "It's wonderful to be able to concentrate on improving skills and perfecting routines, instead of having to worry about that in addition to football and basketball games, promotions and special appearances. That will give a huge boost on the competition come nationals in April."

Anticipation for the inaugural season is growing and hopes are high that the Terps will be the guiding light for other universities.

"I actually believe it will (become an NCAA sport)," Yow said. "I don't know if that means in the next five years or in 10 years, but I don't know how it can not be when it's the ninth most popular sport for women in high school. In fact, it's already recognized as a sport in 22 states."

Fleece added: "It's exciting to be the first team in the country to do this and to be able to pioneer the way for other programs," Fleece said, "I really think that this is going to catch on and this sport will really grow."



# 2003-04 ROSTER INFORMATION

## Maryland Begins First Season Of Varsity Competitive Cheer

| Name              | Position  | Height | Yr. | Hometown/High School/Previous School     |
|-------------------|-----------|--------|-----|--|
| Tia Bond          | Side Base | 5-5    | FR  | West Chester, Pa./West Chester Henderson |
| Tiffany Brewer    | Main Base | 5-5    | FR  | Virginia Beach, Va./Salem                |
| Jennifer Carr     | Main Base | 5-6    | SO  | Millers, Md./Hereford                    |
| Mimi Cuff         | Flyer     | 5-3    | SO  | Oxon Hill, Md./Oxon Hill                 |
| Emily Dotter      | Flyer     | 5-3    | SO  | Allentown, Pa./Parkland                  |
| Caitlin Falls     | Back Spot | 5-4    | FR  | Owings, Md./Northern                     |
| Jennifer Fien     | Back Spot | 5-6    | SO  | Millville, N.J./Millville                |
| Telkia Foreman    | Main Base | 5-0    | JR  | Washington, D.C./Riverview               |
| Alexis Grant      | Side Base | 5-3    | JR  | Mitchellville, Md./Eleanor Roosevelt     |
| Kari Grow         | Flyer     | 5-2    | FR  | Waldorf, Md./Westlake                    |
| Toccara Hilliard  | Side Base | 5-6    | JR  | Temple Hills, Md./Friendly               |
| Amy Kennedy       | Side Base | 5-0    | FR  | White Plains, Md./Henry E. Lackey        |
| Brittney Manvilla | Back Spot | 5-5    | SO  | Finksburg, Md./Westminister              |
| Angel Manzari     | Side Base | 5-5    | JR  | Bel Air, Md./C. Milton Wright            |
| Lyndsay Mize      | Flyer     | 5-3    | FR  | Bel Air, Md./C. Milton Wright            |
| Shyra Nichols     | Back Spot | 5-8    | JR  | Salisbury, Md./Clippers                  |
| Tiffani Otey      | Main Base | 5-4    | FR  | Columbia, Md./Wilde Lake                 |
| Emily Pieplow     | Side Base | 5-6    | SR  | Columbia, Md./Oakland Mills              |
| Roxanne Ruley     | Flyer     | 5-2    | SO  | Baltimore, Md./Eastern Tech              |
| Lauren Spates     | Flyer     | 5-3    | SO  | St. James, N.Y./Smithtown                |
| Debby Tempio      | Flyer     | 5-0    | SO  | Maple Glen, Pa./Upper Dublin             |
| Katie Tomasello   | Main Base | 5-4    | FR  | Germantown, Md./Damascus                 |
| Jess Walter       | Main Base | 5-4    | SR  | Bowie, Md./Eleanor Roosevelt             |

**Head Coach:** Lura Fleece (Maryland '91)

**Assistant Coach:** Jarnell Bonds (Maryland '02)

**Assistant Coach:** Angie Fisher (Maryland '02)

**Volunteer Assistant:** Alexis Gilliam (Maryland '02)

### TERPS BY STATE

**Maryland (16):** Jennifer Carr, Mimi Cuff, Caitlin Falls, Alexis Grant, Kari Grow, Toccara Hilliard, Amy Kennedy, Brittney Manvilla, Angel Manzari, Lyndsay Mize, Shyra Nichols, Tiffani Otey, Emily Pieplow, Roxanne Ruley, Katie Tomasello, Jess Walter

**New Jersey (1):** Jennifer Fien

**New York (1):** Lauren Spates

**Pennsylvania (3):** Tia Bond, Emily Dotter, Debby Tempio

**Virginia (1):** Jennifer Carr

**Washington, D.C. (1):** Telkia Foreman

### TERPS BY YEAR

**Freshmen (8):** Tia Bond, Tiffany Brewer, Caitlin Falls, Kari Grow, Amy Kennedy, Lyndsay Mize, Tiffani Otey, Katie Tomasello.

**Sophomores (8):** Jennifer Carr, Mimi Cuff, Emily Dotter, Jennifer Fien, Brittney Manvilla, Roxanne Ruley, Lauren Spates, Debby Tempio.

**Juniors (5):** Telkia Foreman, Alexis Grant, Toccara Hilliard, Angel Manzari, Shyra Nichols.

**Seniors (2):** Emily Pieplow, Jess Walter.



# TIA BOND

*Freshman • Base*  
*West Chester, Pa./West Chester*  
*Henderson*



**Before Maryland:** Graduated from West Chester Henderson High School in West Chester, Pa. in 2003...participated in cheerleading all four years, earning varsity letter junior and senior year... made All-Stars at Universal Cheerleading Association camp junior and senior year... won jump-off sophomore year and placed third senior year...chosen to try out for UCA instructor position... president of Black Student Union... member of Spanish Honor Society, Lincoln University's Upward Bound Program and Sparkler's Dance Team (captain)... participated in

Pennsylvania Tobacco Summit and Leo Club... anchored morning announcements... named 2003 Homecoming Queen.

**Personal:** Kimiya Leilani Bond...nickname Tia...born July 30, 1985 in Manassas, Va...daughter of Barbara and Stephen Bond... has one brother, Jamil, and two sisters, Ebony and Jasmine...enjoys dancing and singing... chose to attend Maryland because it's not too far away from home, but still far enough... majoring in letters and sciences.

# JENNIFER CARR

*Sophomore • Main Base*  
*Millers, Md./Hereford*



**As a freshman in 2002:** Participated with Terrapin Spirit squad that came in sixth at the National Cheerleading Association Championships.

**Before Maryland:** Graduated from Hereford High School in Parkton, Md. in 2002... lettered three times in varsity cheerleading... squad won Baltimore County championships her sophomore and junior year... finished in third place at both county and regional level senior year, marking the first time in Hereford's history that the team placed in the re-

gion... captain senior year... named National Cheerleading Association All-American senior year, as well as Universal Cheerleaders Association All-Star... performed in London's New Year's Day parade as a UCA All-Star...enjoys gymnastics and coaching summer cheerleading camps... sports editor of Quill and Scroll, her high school newspaper.

**Personal:** Jennifer Elizabeth Carr... born November 2, 1984... daughter of Martha and George Carr... has one sister, Sarah, and one brother, Ryan... says competing in Nationals last year with the Spirit Squad is her biggest athletic thrill, along with placing in regionals in high school... always wanted to attend Maryland for the strong academics and great cheerleading program... majoring in journalism.

# TIFFANY BREWER

*Freshman • Main Base*  
*Virginia Beach, Va./Salem*



**Before Maryland:** Graduated from Salem High School in Virginia Beach, Va. in 2003... lettered in cheerleading at Salem, in addition to competing with Spirit Xplosion All-Stars for six years... won the American Masters National Championships with All-Stars her senior year, capping off an undefeated season... cheered with co-ed team all six years and with co-ed and all-girls teams her senior year... named MVP of All-Stars her final year... chosen as All-America cheerleader all six years of competitive cheering... participated in D.E.C.A. and

the state leadership conference in high school.

**Personal:** Tiffany Chavan Brewer... born February 22, 1985... daughter of Valerie Faison and Clint Brewer... has three older sisters, Nikeva, Crystal and Jessica... lists winning Nationals with club cheerleading team as biggest athletic thrill... chose Maryland because of kinesiology department and cheerleading team... majoring in kinesiology with hopes of becoming a physical therapist.

# MIMI CUFF

*Sophomore • Flyer/Tumbler*  
*Oxon Hill, Md./Oxon Hill*



**As a freshman in 2002:** Participated with Terrapin Spirit squad that came in sixth at the National Cheerleading Association Championships.

**Before Maryland:** Graduated from Oxon Hill High School in 2002... lettered in cheerleading... named National Cheerleading Association All-American and Universal Cheerleading Association All-Star three consecutive years...voted Most Valuable Cheerleader senior year... named Best Tumbler all four years of high school... received award for best

jumps at UCA summer camp... earned Honor Roll 10 times at Oxon Hill... recipient of Principle's Award.

**Personal:** Mimi Tishima Cuff... born July 29, 1984... daughter of Ashantee Campbell... has two brothers, Askia and Ahmad, and two sisters, Akilah and Andrea... enjoys reading, dancing and being with her family... names mother as person she most admires because of her

strong will and support... chose Maryland for its proximity to home... majoring in dance with dreams of becoming a professional choreographer.

# EMILY DOTTER

*Sophomore • Flyer/Base  
Allentown, Pa./Parkland*



**As a freshman in 2002:** participated with Terrapin Spirit squad that came in sixth at the National Cheerleading Association Championships.

**Before Maryland:** Graduated from Parkland High School in Allentown, Pa. in 2002... earned four letters in cheerleading, in addition to three in track and field and one in swimming... named cheerleading team captain... earned scholar-athlete honors senior year... secured National Cheerleading Association All-American accolades junior and

senior years... cheered at the McDonald's All-American game.

**Personal:** Emily C. Dotter... born May 9, 1984... daughter of Jane and Rick Dotter... has one brother and sister, twins Eric and Elizabeth... team's liaison to SAAC... member of the University Honors Program and NSCS and Preannium Honor Societies... serves as corresponding secretary for Kappa Delta sorority... chose Maryland for the beautiful campus, stellar location and stayed because of the numerous opportunities... double majoring in psychology and biology with hopes of going into the medical field.

# CAITLIN FALLS

*Freshman • Back Spot  
Owings, Md./Northern*



**Before Maryland:** Graduated from Northern High School in Owings, Md. in 2003... lettered three times in cheerleading... captain of junior varsity squad freshman year and senior officer for varsity team senior year... named National Cheerleading Association All-American senior year... participated in Washington Redskins' halftime show with Northern's squad... member of National Honor Society... participated in National Youth Leadership Forum on Medicine at Georgetown University... interned at physical therapy clinic junior and senior years.

**Personal:** Caitlin Allison Falls... born May 23, 1985... daughter of Lonnie and Larry Falls... has twin brother John... enjoys coaching gymnastics in her spare time... lists cheering for the Redskins' halftime show on Mon-

day Night Football as biggest athletic thrill... chose to attend Maryland for the academics and athletics, as well as family tradition and to stay close to people that she loves... majoring in pre-physical therapy, in hopes of becoming a doctor of physical therapy.

# JENN FIEN

*Sophomore • Back Spot/Tumbler  
Millville, N.J./Millville*



**As a freshman in 2002:** Attended Maryland.

**Before Maryland:** Graduated from Millville Senior High in Millville, N.J... earned four letters in cheerleading and three in softball... named National Cheerleading Association All-American three times, sophomore, junior and senior year... team captain senior year... cheered for World Cup competition team... member of National Honor Society, student council and yearbook in high school

**Personal:** Jennifer Irene Fien... born August 6, 1984... daughter of Donna and Thomas Fien... has a younger brother and sister, Thomas and Shannon... enjoys gymnastics and playing softball.. works as undergraduate research assistant and is a member of the pre-med society at Maryland... double-majoring in biology and psychology.

# TELKIA FOREMAN

*Junior • Main Base  
Potomac Falls, Va./Riverview (Fla.)  
(South Florida)*



**As a freshman in 2001:** attended University of South Florida in St. Petersburg, Fla.

**As a sophomore in 2002:** Participated with Terrapin Spirit squad that came in sixth at the NCA Championships.

**Before Maryland:** Graduated from Riverview High School in Riverview, Fla. in 2001... member of Spanish Honor Society and National Honor Society

**Personal:** Telkia Foreman... born June 4, 1982 in Washington, D.C... daughter of Christine Foreman... enjoys relaxing at home and chilling with friends... lists Dominique Dawes as favorite athlete, describing her as an inspiration... chose to transfer to Maryland to be closer to her family and friends and to receive a great education... majoring in criminal justice with hopes of becoming a forensic criminologist.

# ALEXIS GRANT

*Junior • Main Base  
Mitchelville, Md./Eleanor Roosevelt*



**As a freshman in 2001:** Attended University of Maryland.

**As a sophomore in 2002:** Attended University of Maryland.

**Before Maryland:** Graduated from Eleanor Roosevelt High School in Greenbelt, Md... lettered four times in cheerleading...also member of lacrosse team...earned cheerleading All-American honors every years... chosen team MVP junior year and team captain senior year...member of National Honor

Society and band.

**Personal:** Alexis Ruth Grant... born February 5, 1983...daughter of Theresa and Aubrey Grant.. has one younger brother, AJ...majoring in government & politics with hopes to work in trademark law.

# KARI GROW

*Freshman • Flyer  
Waldorf, Md./Westlake*



**Before Maryland:** Graduated from Westlake High School in 2003... lettered in cheerleading all four years... cheer team earned first place in Fall 2002 and Winter 2003 Charles County cheerleading competitions... also secured runner-up honors at regionals in Fall 2002... cheerleading stunt team placed first at county competition in Fall 2001, Fall 2002 and Winter 2003... also member of Southern Maryland Superstarz from 2001-2003... named All-American three times...member of National Honor Society and Math Team.

**Personal:** Kari K. Grow... born June 18, 1985... daughter of Angie and the late Rick Grow...has two brothers, Ricky Grow and Shawn Breson... chose to come to Maryland for the academics and school spirit... majoring in accounting with intent on becoming a certified public accountant.

# TOCCARA HILLIARD

*Junior • Side Base/Tumbler  
Temple Hills, Md./Friendly*



**As a freshman in 2001:** Member of Terrapin Spirit Squad... cheered at all home football games.

**As a sophomore in 2002:** Member of Terrapin Spirit Squad... cheered at all home football and basketball games... competed with the 2003 squad that finished sixth at National Cheerleading Association Championships.

**Before Maryland:** Graduated from Friendly High School in Fort Washington, Md. in 2001... participated in cheerleading all four years... won second place at Battle on the Boardwalk, the east coast regional championship...lieutenant of squad senior year... won team award for best jumps... class secretary senior year.

**Personal:** Toccara Lanette Hilliard...born September 8, 1983 in Hampton, Va.... daughter of Charlotte Brown and Kelvin Fairfax... has one sister, Toni Brown... member of Phi Sigma Theta National Honor Society...enjoys music, dancing and styling hair... chose to attend Maryland for the journalism program... majoring in broadcast journalism.

# AMY KENNEDY

*Freshman • Side Base/Tumbler  
White Plains, Md./Henry E. Lackey*



**Before Maryland:** Graduated from Henry E. Lackey High School in Indian Head, Md. in 2003... lettered in track and field four times, competing pole vault, and two times in cheerleading...was co-captain of both teams senior year... named first team academic all-conference all four years... track and field team won regional championships twice during her career...cheered with All-Star Cheerleading Southern Maryland Super Stars, who won the Cheer and Dance Association national championship... member of National Honor Society...

participated in chamber choir three years... graduated in top 5 percent of senior class.

**Personal:** Amy Marie Kennedy...born September 30, 1985... daughter of Kathy and Greg Kennedy... has three brothers, Greg, Michael and Josh...enjoys gymnastics, dance and coaching gymnastics...chose to attend Maryland for the kinesiology department and a chance to cheer for Terrapin athletics...majoring in kinesiology in hopes of becoming a personal trainer.

# BRITTNEY MANVILLA

*Sophomore • Back Spot/Base  
Finksburg, Md./Westminster*



**As a freshman in 2002:** Performed with Gymkana, Maryland's gymnastics exhibition group.

**Before Maryland:** Graduated from Westminster High School in 2002, after attending Benjamin Logan High School while living in Bellefontaine, Ohio...lettered four times in cheerleading during her high school career, in addition to two times in track and field and one in soccer...co-captain of squad senior year... voted Most Sportsmanlike and Best All-Around Cheerleader senior

year... team placed first at county championships junior and senior years, as well as second at regionals... earned All-American honors sophomore year... also performed with Team Spirit Tumbling All-Stars in 1999 and the Angel All-Stars from 2000-02... member of National Honor Society, Girl's Athletic Board and Student Government Association.

**Personal:** Brittney Ann Manvilla...born May 25, 1984 in Crown Point, Ind...daughter of Jill and Tim Manvilla... has one brother, Brett, and one sister, Shannon...enjoys gymnastics, reading, dancing and studying French...completed Rollinson Fellow Internship...majoring in biochemistry in preparation for a career in forensics or lab technology.

# ANGEL MANZARI

*Junior • Side Base/Tumbler  
Bel Air, Md./C. Milton Wright*



**As a sophomore in 2002:** Attended University of Maryland.

**As a freshman in 2001:** Attended University of Maryland.

**Before Maryland:** Graduated from C. Milton Wright High School in Bel Air, Md. In 2001 ... competed with ACPR Gymnastics, a recreational and competitive gymnastics club in Churchville, Md. ... qualified for regionals and competed at nationals during high school career ... member of National Honor Society and

the yearbook staff, in addition to working as a student teacher at C. Milton Wright.

**Personal:** Angela Marie Manzari ... born January 2, 1983 ... daughter of Marnee and John Manzari ... has three older brothers, Johnny, Joe and Andy ... all family members graduated from Maryland ... enjoys snowboarding, shopping and gymnastics ... chose to attend Maryland for the atmosphere and education program ... majoring in elementary education.

# LINDSAY MIZE

*Freshman • Flyer  
Bel Air, Md./C. Milton Wright*



**Before Maryland:** Graduated from C. Milton Wright High School in 2003...earned three varsity letters in four years of cheerleading...team earned four consecutive Harford County Championships and one regional championship... member of National Honor Society, French Honor Society, orchestra, Student Government Association and class council.

**Personal:** Lindsay Marie Mize... born February 12, 1985... daughter of Regina and Larry Mize... has two sisters,

Lauren, who also attends Maryland, and Emily...chose Maryland for the outstanding academic facilities and successful sports teams... majoring in letters and sciences.

# SHYRA NICHOLS

*Junior • Back Spot  
Salisbury, Md./James M. Bennett*



**As a freshman in 2001:** Member of Terrapin Spirit Squad.

**As a sophomore in 2002:** Member of Terrapin Spirit squad that came in sixth at National Cheerleading Association Championships.

**Before Maryland:** Graduated from James M. Bennett High School in Salisbury, Md. in 2001... lettered in cheerleading four times... captain senior year... team won National Dance Championships her senior year... member of

the Student Government Association and Future Black Leaders of America... named to Who's Who Among American High School Students... earned honor roll throughout high school.

**Personal:** Shyra Piness Nichols... born March 27, 1983 in Fayetteville, N.C...daughter of Tina and Howard Nichols... has one brother, Nathan, and one sister, Tori...participates in College Park Scholars Advocates of Children program...enjoys reading, sewing and designing clothes...chose Maryland for its educational background and because her brother had just graduated from here... double-majoring in criminal justice and communications.

# TIFFANI OTEY

*Freshman • Base/Back Spot/Tumbler  
Columbia, Md./Wilde Lake*

**Before Maryland:** Graduated from Wilde Lake High School in 2003...



member of cheerleading squad all four years, earning varsity letters junior and senior year... named National Cheerleading Association All-American three times...earned NCA top All-American Cheerleader honors in 2002... also cheered with Maryland Twisters for three years...squad won both the Cheerleaders of America national championship and the Atlantic Cheer and Dance Championships in 2002.

**Personal:** Tiffani Dominique Taylor Otey...born July 3, 1985... daughter of

Niccole Otey... has one sister, Nadya... member of Maryland's Civicus program... enjoys writing, reading, listening to poetry and Neo-sall music... chose Maryland because it's the "perfect package"—far enough from home to be away, but still close to see her family...majoring in sociology with hopes of going to law school and becoming an attorney.

# ROXANNE RULEY

*Sophomore • Base/Flyer/Tumbler  
Essex, Md./Eastern Technical*

**As a freshman in 2002:** Attended University of Maryland ... member of Maryland Academic Achievement Program.



**Before Maryland:** Graduated from Eastern Technical High School in Baltimore, Md. in 2002... cheered all four years, serving as team captain junior and senior years...squad won three straight county championships... performed with Bengie Chase Blazers all-star cheerleading squad for one year...competed in gymnastics for six years up to Level 6... president of Future Business Leaders of America...

member of National Honor Society and honor roll.

**Personal:** Roxanne Leigh Ruley...born September 16, 1984... daughter of Debra and Charles Ruley... has two sisters, Jennifer Robertson and Alicia Ruley... works as gymnastics instructor at Columbia Gymnastics... chose Maryland primarily for the cheerleading team... majoring in letters and sciences.

# EMILY PIEPLOW

*Senior • Base  
Columbia, Md./Oakland Mills*

**As a junior in 2002:** Co-captain of Terrapin Spirit Squad that came in sixth at the National Cheerleading Association national championships...



**As a sophomore in 2001:** Member of Terrapin Spirit Squad...

**As a freshman in 2000:** Member of Terrapin Spirit Squad...

**Before Maryland:** Graduated from Oakland Mills High School in 2000... lettered four times in cheerleading... captained squad junior and senior years... member of National Honor Society and Varsity Club...earned Scholar-Athlete honors for cheerleading...served as peer leader and peer mediator.

**Personal:** Emily Beck Pieplow...born July 25, 1982... daughter of Linda and Jeff Pieplow, who both attended Maryland... has one sister, Molly... chose to attend Maryland to continue family tradition and because she's always been a Terp fan...majoring in communications.

# LAUREN SPATES

*Sophomore • Flyer  
St. James, N.Y./Smithtown*

**As a freshman in 2002:** Cheered with Terrapin Spirit Squad that placed sixth at NCA Nationals... named squad Rookie of the Year.



**Before Maryland:** Graduated from Smithtown High School in Smithtown, N.Y. in 2002... cheered all four years, earning a varsity letter sophomore, junior and senior years...earned NCA All-American honors three years...National Cheerleading Association staff member.

**Personal:** Lauren Ann Spates... born October 9, 1984...daughter of Judith and James Spates... has two younger sisters, Jenna and Hannah...majoring in journalism.

# DEBBY TEMPIO

*Sophomore • Base/Tumbler  
Ambler, Pa./Upper Dublin*



**As a freshman in 2002:** Attended University of Maryland.

**Before Maryland:** Graduated from Upper Dublin High School in Ft. Washington, Pa. in 2002... Competitive gymnast for eight years up to Level 9... seven-time state qualifier... member of Student Government Association... chosen as National Merit commended student...earned honor roll throughout high school...worked as nursing home volunteer.

**Personal:** Deborah C. Tempio... born March 27, 1984 in Cherry Hill, N.J... daughter of Judy and Joe Tempio... youngest of four children—one brother, David, and two sisters, Beth and Tricia, who was a member of the diving team at Stanford from 1995-99... member of University Honors Program, Primannum Honor Society and National Society of Collegiate Scholars... double majoring in sociology and communications with hopes of going into public relations.

# JESS WALTER

*Senior • Main Base  
Bowie, Md./Eleanor Roosevelt*



**As a junior in 2002:** Co-captain of Terrapin Spirit Squad that came in sixth at the National Cheerleading Association national championships... voted team MVP

**As a sophomore in 2001:** Member of Terrapin Spirit Squad.

**As a freshman in 2000:** Member of Terrapin Spirit Squad.

**Before Maryland:** Graduated from Eleanor Roosevelt High School in Greenbelt, Md. in 2000... cheered all four years, earning varsity letters in her last three... team earned first place at all regional competitions junior and senior years and came in 16<sup>th</sup> at Nationals senior year...named NCA All-American...co-captain, as well as squad MVP, senior year... member of National Honor Society and Latin Honor Society... received Daughter of the American Revolution Achievement Award in 2000.

**Personal:** Jessica N. Walter...born July 1, 1982...daughter of Debra and James Walter... has three younger brothers, Jon, Adam and Eric... enjoys singing and dancing... majoring in biology.

# KATIE TOMASELLO

*Freshman • Base/Tumbler  
Germantown, Md./Damascus*



**Before Maryland:** Graduated from Damascus High School in 2003... competitive gymnast throughout school career... member of Maryland state gymnastics team from 1996-2001...qualified for nationals...state tumbling and trampoline champion in 2001... also competed with Frederick Gymnastics Club.

**Personal:** Kathleen Ann Tomasello... born August 2, 1985... daughter of Kathy and John Tomasello... oldest of three children—one brother, Scott, and one sister, Kelly...lists being able to continually overcome injuries and come back to compete year after year as biggest athletic thrill... chose Maryland primarily for the kinesiology department and the athletic program...majoring in kinesiology in preparation for a career in athletic or personal training, or physical therapy.

continually overcome injuries and come back to compete year after year as biggest athletic thrill... chose Maryland primarily for the kinesiology department and the athletic program...majoring in kinesiology in preparation for a career in athletic or personal training, or physical therapy.



# ABOUT COMPETITIVE CHEERLEADING

## Official College Cheer Competition Rules and Requirements

Information courtesy of National Cheerleading Association

### COLLEGE CHEER DIVISIONS

All teams will be required to compete in divisions according to NCAA Football classifications. Schools that do not have football programs will compete in divisions according to the school's NCAA Basketball program classifications.

### PERFORMANCE AREA

All cheer teams competing in the Chick-fil-A Cheer & Dance Collegiate Championship will perform on a 42' deep x 54' wide carpeted, gymnastics floor mat. The mat will be placed over a concrete or wooden surface. Only soft-soled tennis shoes will be allowed on the performance surface. It is important that your routine be choreographed not to exceed these measurements, because penalty points will be assessed for going outside the performance area. This is particularly important in planning tumbling passes. This rule is designed for the safety of the participants due to over rotation of tumbling and uneven surfaces. The judges will score only what occurs within the boundaries. Cheerleaders may not reach outside the performance area to place or retrieve props during the routine.

### ROUTINE REQUIREMENTS

1. Each team will perform a choreographed routine not to exceed 2 minutes and 15 seconds (135 seconds).
2. Music is allowed for all or part of each routine. No voice-overs or words may be recorded to make the team's vocal projection sound louder.
3. Organized, formal entrances that involve organized cheers or run-ons with jumps, tumbling, or stunts are not permitted. Cheerleaders, dancers and mascots should enter the performance area in a timely fashion.
4. Timing will begin with the first organized word, movement, or note of music by the team or individual after they are officially announced.
5. Timing will end with the last organized word, movement, or note of music by the team or individual. Teams or individuals must exit the performance area immediately following the routine.
6. Cheer teams should utilize all areas of their squad's technical strength in jumps, tumbling, partner stunts, pyramids, motion technique, projection and expression, choreography, showmanship, and dance.
7. Only the following props are allowed for cheer teams: flags, banners, megaphones, pom poms, and signs. Flags and/or banners with poles or similar support apparatus may not be used in conjunction with a stunt or tumbling.
8. Team/individual names will be called twice: once as the team/individual on deck and once as the next team/squad to perform.
9. Routines must be appropriate for family viewing. Any vulgar or suggestive movements (hip thrusting, inappropriate touching/slapping/positioning to one another, etc.), words, costuming or music will result in a

.5 score deduction. No tear-away uniforms or removal of clothing is allowed.

10. Preliminary competition will be held indoors. Final competition will be held outdoors, so wind and/or sun could be a factor. Practice and prepare accordingly.



11. Crowd Participation Score—Each team will be required to perform 45 seconds of “crowd involvement” material when they enter the mat for preliminaries. During this time, the team should display modern and/or traditional methods of getting the crowd to stand, clap, cheer and/or make noise. Technical skills should be kept to a minimum and will NOT be judged during this time. No basket tosses, 2 1/2 high pyramids, running tumbling passes or extended stunts will be allowed. The use of signs, flags, banners or other spirit related props are highly recommended. Due to safety concerns, items (T-shirts, towels, Frisbees, etc.) may not be thrown, tossed or released from the performance area into the crowd. Music may not be used during this segment. The actual crowd response will not be factored into the judges’ scores. Only the material being presented will be judged. The 45 seconds will NOT count toward the 2 minutes and 15 seconds of the routine time. Timing will begin once the first person has stepped onto the performance area. Teams will be notified when their 45-second segment is over, and must immediately move into formation to start their routine performance. Teams should NOT huddle up together or convene following the 45-second segment. This could result in a .5 deduction. Each judge will score the crowd segment on a scale of 1-10. This will be its own judging category. This 45-second performance will be performed ONLY during preliminaries and NOT during finals. The crowd scores will, however, carry over to finals where they will be calculated into the teams’ final score just as they were during the preliminary round.

12. Boundary rules are in effect from the time teams enter the mat for their 45-second crowd segment and remain in effect until they leave the mat after their 2:15 performance. They CANNOT go out of bounds between the 45-second crowd segment and the 2:15 performance. Stepping on or touching the edge of the mat does not constitute a violation. They must noticeably touch out of bounds with an entire foot, hand or other body part for a violation to occur. Props may be partly touching out of bounds without penalty. A team member may touch a prop that is partially out of bounds as long as that person does not reach or touch out of bounds to retrieve or discard the prop. Doing so would result in a penalty. After the 45-second segment, members MAY only reach or touch out of bounds to discard props, but still may not step out of bounds. Only mascots may enter the floor for the 45-second segment, then leave the floor before the 2:15 performance. Any others doing so would result in a .5 rules violation. Any member participating in the 45-second segment must remain on the performance surface during the 2:15 performance as well to prevent a rules or boundary violation. They may not participate in the 45-second segment while off the performance surface. Throwing items from the performance surface into the stands will result in a .5 legality violation. There will be a .05 deduction for each boundary violation. Participating team members may enter the performance area immediately following the previous teams performance to set up props. This may not create any delay in the flow of the competition. Any delay as a result of the props will result in a .05 deduction.

13. Boundary Violations: EACH boundary violation will result in a .05 deduction per occurrence (exception: dance teams do not have boundary violations). Deductions for boundary violations are given for stepping off (the entire foot) or touching (the entire hand or other body part) outside the performance area or an object outside the performance area. Stepping on or touching the edge of the mat does not constitute a violation. Props may be partly touching out of bounds without penalty. A team member may pick up or set down a prop that is completely outside the performance area. Tossing props off the performance floor is acceptable.



14. Teams must follow the NCA Collegiate Safety Guidelines and General Requirements.

#### **SAFETY RULES**

1. Use of mini-tramps, springboards, or any apparatus used to propel a participant is not permitted.

2. Drops (knee, seat, thigh, front, back, and split drops) from a jump, stand or inverted position are prohibited unless the majority of the weight is first borne on the hands/feet that breaks the impact of the drop.

3. Only the following props are allowed: flags, banners, megaphones, pom poms, and signs. Flags and/or banners with poles or similar support apparatus may not be used in conjunction with a stunt or tumbling.

4. Soft-soled tennis shoes must be worn while competing; no jazz shoes and/or boots will be allowed.

5. Jewelry of any kind is prohibited. This includes earrings, nose, tongue and belly button rings, necklaces and pins on uniforms.

#### **TUMBLING**

1. Proper progression should always be followed while learning or attempting tumbling skills.

2. Tumbling skills that exceed one flipping rotation and/or two twisting rotations are prohibited. (No double backs, triple fulls, etc.)

3. Tumbling over, under, or through a stunt, individual, or prop is not permitted. Exception: forward roll over a prop is legal.

4. Tumbling with a prop is prohibited. Example: back handsprings and back tucks with poms are illegal.

#### **TOSSES**

1. Proper progression should be followed while learning and attempting basket toss skills.

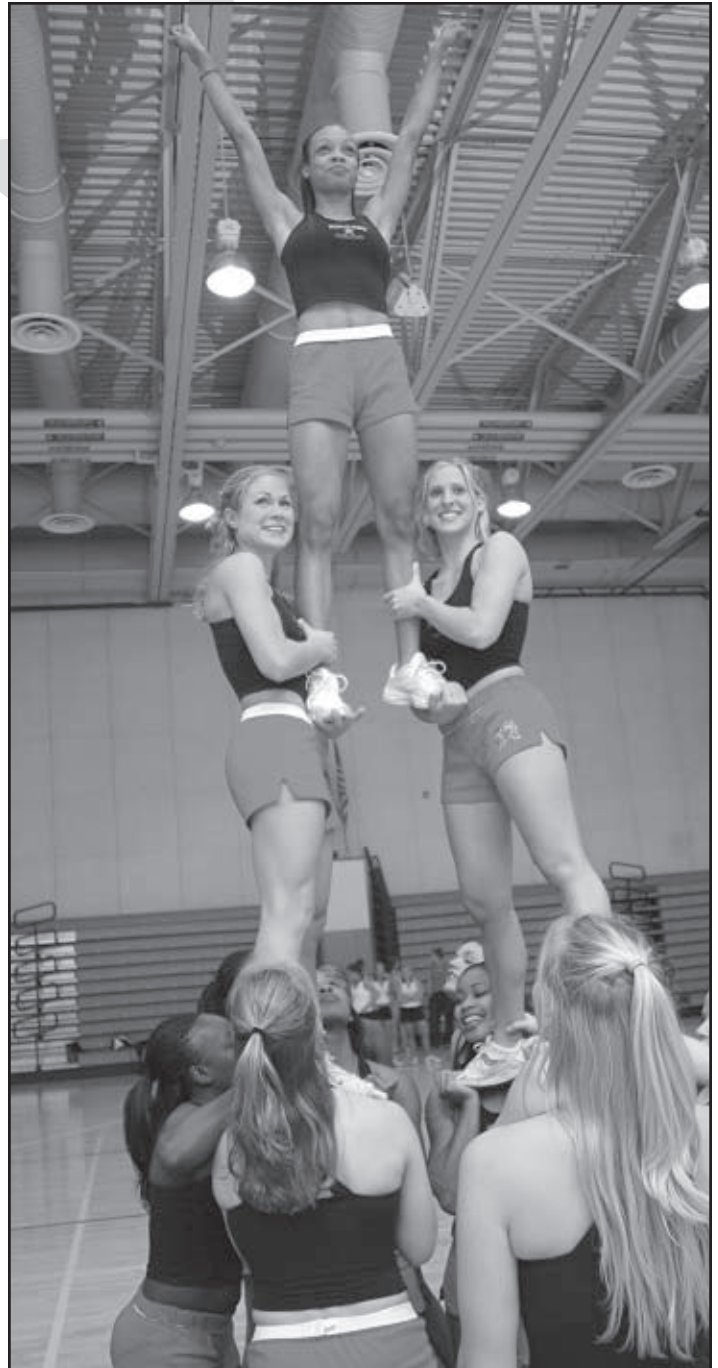
2. Basket/sponge tosses must be executed with both bases’ feet on the ground.

3. Basket/sponge toss dismounts must be caught by three (3) catchers (exception: front flip, #8 below, and traveling basket tosses where the partner is traveling feet first).

4. Basket/sponge tosses must land in a cradle position only.
5. Third catcher must always be in position to spot the head and neck areas of the person dismounting.
6. Flipping dismounts from basket tosses exceeding one (1) rotation are prohibited.
7. Twisting dismounts from basket tosses exceeding two (2) rotations are prohibited.
8. Dismounts from basket/sponge tosses may be cradled by different bases other than those initiating the toss. The additional catchers (new bases) of such a toss, whether flipping or not, may not be participating in any other skill at the time the toss is initiated. The only flipping maneuver allowed from such a toss is a forward front rotation to two (2) additional catchers in position at the time of the toss.

### **PARTNER STUNTS**

1. Proper progression should always be followed while learning and attempting partner stunt skills.
2. Split catches are prohibited.
3. Free flying flips from toe pitches are prohibited.
4. Flipping dismounts from extended stunts are prohibited (examples: extension flips, liberty flips, etc.)
5. Flipping dismounts from non-extended stunts require the base and an additional spotter participating in the cradle.
6. All flipping skills into stunts require an additional spotter.
7. All flips from non-extended stunts **MUST BE CRADLED ONLY**. The spotter **MUST** assist the base in catching the cradle. (Flips to the ground, flips to crunches, flips to humpties, etc., are prohibited.)
8. Double twisting dismounts from stunts require the base and an additional spotter participating in the cradle.
9. Twisting dismounts from stunts exceeding two (2) rotations are prohibited.
10. Combination flipping and full twisting dismounts from stunts are prohibited.
11. Dismounts or transitional stunts moving in a downward direction may not land in an inverted position (head down) and/or change direction while in an inverted position. Slight dips (45 degrees or less) while in an inverted position will be allowed if the downward motion is created only by the bending of the bases' knees in order to transition or dismount the inverted person(s).
12. Any "one-arm" stunt with the top person's foot extended away from the body must have a spotter in addition to the base (examples: heel stretch, arabesque, scorpion, etc.).
13. Any dismount from a "one-arm" stunt other than a regular cradle or straight dismount to the ground requires a spotter in addition to the base. (Toe touch, full twist, etc.)



14. Flips from stunts should not be performed during basketball games unless a matted or cushioned surface is utilized.

### **PYRAMIDS**

1. Proper progression should be followed while learning and attempting pyramid skills.
2. Pyramids over 2 1/2 persons high are prohibited. Pyramid height is determined by the following:
  - \_ 1 High = one standing person
  - \_ 1 1/2 High = thigh stand, arm stand, shoulder straddle, chair sit stunt, table top and shoulder level splits
  - \_ 2 High = Any single or double base stand or stunt at or above shoulder level.
  - \_ Example: Shoulder stand, extension prep, extension, liberty, etc.

3. The second level bases in pyramids over 2 high may not be extended.
4. Dismounts or transitional pyramids moving in a downward direction may not land in an inverted position (head down) and or change direction while in an inverted position. Slight dips (45 degrees or less) while in an inverted position will be allowed if the downward motion is created only by the bending of the bases' knees in order to transition or dismount the inverted person(s).
5. All 2 1/2 high pyramids must have a qualified spotter in front and back for each person on the third level, and must be in position the entire time the top person(s) is at the 2 1/2 high level. Spotters may stand slightly to the side but must remain in a position to adequately spot the top person. Spotters may not be a primary support of the pyramid. These spotters must be your own team's members and trained in proper spotting techniques.
6. Tension drops from stunts or pyramids to the ground are prohibited.
7. Back flip dismounts from 2 1/2 high pyramids are prohibited.
8. Front flips off pyramids require at least 2 catchers.
9. The third catcher in cradles must always be in position to spot the head and neck areas of the person dismounting.
10. Cradle dismounts from pyramids over 2 high require at least 2 catchers.
11. Flipping or twisting dismounts from pyramids exceeding one rotation are prohibited.
12. Twisting dismounts from pyramids over 2 high require 3 catchers.
13. Combined flip and twisting dismounts from pyramids are prohibited.
14. Free flying flips on to pyramids are prohibited.

15. 2 1/2 high pyramids should not be performed during basketball games unless a matted or cushioned surface is utilized.

**COLLEGE CHEER JUDGING SCALE- FOR CHEERLEADING FUNDAMENTALS**

Total points received per category will be based on overall quality and quantity of technical moves (both variety of skills and number of members performing skill) throughout routine. Specific skills performed that are not listed in one of the following skill categories will be placed in one of those categories at the discretion of the judges. Zero points will be given in a category if skills for that particular category are not executed.

**TUMBLING**

*Ranges of Scores and Skills*

- \_ 5-7 points Beginning-Intermediate tumbling skills (examples: forward rolls, cartwheels, round-offs) performed by the team with a high level of perfection, or Intermediate-Advanced tumbling skills executed with sub-standard technique and perfection.
- \_ 7-9 points Intermediate-Advanced tumbling skills (examples: back handspring, round-off back handspring, round-off back tuck) performed by the majority of the team with a high level of perfection, or Advanced-

Elite tumbling skills executed with sub-standard technique and perfection.

- \_ 9-10 points Advanced-Elite tumbling skills (examples: standing back tuck, standing back handspring back tuck or round-off back handspring back tuck) performed by the majority of the team with a high level of perfection, and numerous strong specialty passes such as layouts, whips, fulls, etc., performed with a high level of perfection.



## PARTNER STUNTS

### *Ranges of Scores and Skills*

- \_ 5-7 points Beginning-Intermediate partner stunt skills (examples: shoulder stands, extensions, chairs) performed by the team with a high level of perfection, or Intermediate-Advanced partner stunt skills performed with substandard technique and perfection. Spotters or additional bases may be used to help support the partner stunts in this category.
- \_ 7-9 points Intermediate-Advanced partner stunt skills (examples: liberty variations, one-arm stunts, full twisting dismounts) performed by the majority of the team with a high level of perfection, or Advanced-Elite partner stunt skills performed with sub-standard technique and perfection. Spotters or additional bases may be used to help support the partner stunts in this category.
- \_ 9-10 points Advanced-Elite partner stunt skills (examples: tossing with twisting, flipping and/or unique mounting techniques into liberty variations, one-arm stunts and/or multiple stunt sequences, flipping or double twisting dismounts) performed by the majority of the team with a high level of perfection. The majority of stunts in each stunt segment must be executed unassisted.

## PYRAMIDS

### *Ranges of Scores and Skills*

- \_ 5-7 points Beginning-Intermediate pyramid skills (examples: 2 high, non-transitional, standard mount and dismount) performed by the team with a high level of perfection, or Intermediate-Advanced pyramid skills performed with sub-standard technique and perfection.



- \_ 7-9 points Intermediate-Advanced pyramid skills (examples: 2 high, transitional, variation of mounts and dismounts) performed by the majority of the team with a high level of perfection, or Advanced-Elite pyramid skills performed with sub-standard technique and perfection.
- \_ 9-10 points Advanced-Elite pyramid skills (examples: multiple 2 high, transitional, tossing or unique mounting techniques, flipping, twisting and/or unique dismounts) performed by the majority of the team with a high level of perfection.

## BASKET TOSSES/JUMPS

### *Ranges of Scores and Skills*

- \_ 5-7 points Beginning-Intermediate basket tosses (example: nonflipping basket tosses) and/or jumps (examples: spread eagle, tuck jump, etc.) performed by the team with a high level of perfection, or Intermediate-Advanced basket tosses/jumps performed with sub-standard technique and perfection.
- \_ 7-9 points Intermediate-Advanced basket tosses (examples: back tucks, layouts, fronts, full twists) and/or jumps (examples: toe touch, herkie, hurdler, etc.) performed by the majority of the team with a high level of perfection, or Advanced-Elite basket tosses/jumps performed with substandard technique and perfection.
- \_ 9-10 points Advanced-Elite basket tosses (examples: double full twisting, pike fulls, X-out fulls) and/or jumps (examples: toe touch-back hand-spring or tuck, combination jumps) performed by the majority of the team with a high level of perfection.

## MOTIONS/DANCE

### *Ranges of Scores and Skills*

- \_ 5-7 points Basic-Intermediate motions/dance performed by the team at a slow pace, or executed with standard technique and perfection, or Intermediate-Advanced motions/dance skills performed with sub-standard technique and perfection.
- \_ 7-9 points Intermediate-Advanced motions/dance performed by the majority of the team at a moderate pace with good technique, or Advanced-Elite motions/dance skills performed with sub-standard technique and perfection.
- \_ 9-10 points Advanced-Elite motions/dance performed by the majority of the team at a fast pace with strong technique, perfection, visual effect and crowd appeal.

## COLLEGIATE PARTNER STUNT COMPETITION REQUIREMENTS

1. Participants must be official members of the school and cheerleading team they are representing and meet all of their school's eligibility requirements. The official NCA eligibility form must be submitted prior to the competition.
2. Length of routine can be NO LONGER THAN FORTY-FIVE (45) SECONDS. The following penalties will apply for the routine going over the time limit: 1-5 seconds (.1), 6-10 seconds (.3), over 11 seconds (.5).
3. The routine should be performed to music.
4. Each participating couple should provide one spotter. Only one spotter may be on the mat as needed to make the stunt legal. Spotter may not assist with performance. Spotter may not touch or assist any stunts. In the event a spotter touches or assists a stunt a .5 deduction will be assessed per occurrence (exception: may assist in dismounts or drops).
5. The routine and music must be suitable for family viewing.
6. A participant may take part in only ONE (1) partner stunt routine.
7. A participant may only compete with the partner with whom they qualified.
8. Participants MUST follow the NCA Collegiate Safety Guidelines.

## COLLEGIATE GROUP STUNT COMPETITION REQUIREMENTS

1. Participants must be official members of the school and cheerleading team they are representing and meet all of their school's eligibility requirements. The official NCA eligibility form must be submitted prior to the competition.
2. Length of routine can be NO LONGER THAN FORTY-FIVE (45) SECONDS. The following penalties will apply for the routine going over the time limit: 1-5 seconds (.1), 6-10 seconds (.3), over 11 seconds (.5).
3. The routine should be performed to music.
4. The routine and music must be suitable for family viewing.
5. A participant may take part in only ONE (1) group stunt routine.
6. A participant may only compete with the stunt group in which they qualified.
7. Participants MUST follow the NCA Collegiate Safety Guidelines.
8. Participants MUST be ALL female. (Maximum of 5 participants allowed)

## JUDGES' CATEGORIES: (Each worth 10 points)

1. Technique
2. Stability of Stunts/Strength
3. Choreography/Flow of Routine
4. Degree of Difficulty
5. Perfection of Routine
6. Overall Impression





# MARYLAND

***"STRIVE FOR CLARITY, BUT ACCEPT AND UNDERSTAND AMBIGUITY."***

That phrase captures one way in which an educated person approaches the world and its challenges. Students who graduate from the University of Maryland have been exposed to the tools that allow them to put that perspective to work. Imparting such a perspective may be an ambitious project for undergraduate education, but to aim for anything less would be unworthy of a great university's goals for its students. Thirteen years ago, Promises to Keep, a plan for undergraduate education at Maryland, articulated those goals so eloquently we repeat them here.

Undergraduate education at Maryland "aims to provide students with a sense of identity and purpose, a concern for others, a sense of responsibility for the quality of life around them, a continuing eagerness for knowledge and understanding, and a foundation for a lifetime of personal enrichment."

As we learn with and from one another, we try to "develop human values," "celebrate tolerance and fairness," "contribute to the social conscience," "monitor and assess private and collective assumptions," and "recognize the glory, tragedy and humor of the human condition." Your years at the University of Maryland can provide you with all the tools you need to accomplish these goals. Students here are "educated to be able to read with perception and pleasure, write and speak with clarity and verve, handle numbers and computation proficiently, reason mathematically, generate clear questions and find probable arguments, reach substantiated conclusions and accept ambiguity."

***AND WE ALSO HOPE YOU ENJOY THE JOURNEY.***

# UNIVERSITY OF MARYLAND

## THE CAMPUS

By virtually every measure of quality, the University of Maryland has gained national recognition as one of the fastest-rising comprehensive research institutions in the country. The momentum of recent years has poised the university to move it into the top ranks of higher education and take leadership in shaping the research university of the 21<sup>st</sup> century.

The university has enjoyed a decade of momentum in all of the areas that affect quality. The average high school GPA of entering students has zoomed from 3.01 to nearly 3.90, and the average SATs are now more than 1270. The student body is a model of diversity, with minorities making up more than 32 percent of all students, and at least one graduate and undergraduate student from every state in the nation.

The university has 67 graduate and undergraduate programs ranked in the Top 25 by *U.S. News and World Report*, up from just one program in 1991.

Sponsored research and outreach has nearly tripled in the same 10-year period, exceeding \$350 million last year. Private giving also has increased, and the university last year concluded its first campaign by topping its \$350 million goal by more than \$100 million. Alumni Association membership has been growing at an average rate of 10 percent a year since 1992.

One of the largest research universities in the United States, Fall 2002 enrollment was 25,240 undergraduate and 9,561 graduate students. There are 94 undergraduate programs, 89 master's programs, 70 doctoral programs and one first professional degree program. More than 100 centers and institutes are engaged in research and outreach.

Faculty at the University of Maryland, in all fields of knowledge, are engaged at the highest levels of national and international concern. The university's location near the center of federal policy-making and international political and economic activity enables it to play an active role in research and analysis of public policy.

Maryland is one of 30 public universities in the prestigious 63-member Association of American Universities and the only public institution in the Maryland-D.C. area with membership in the nation's most distinguished honor society, Phi Beta Kappa.

## LIBRARIES

Seven libraries make up the University of Maryland library system: McKeldin (main) Library, Architecture Library, Art Library, Engineering and Physical Sciences Library, Hornbake Library, Performing Arts Library and White Memorial (Chemistry) Library.

These libraries constitute the largest university research library institution in the Washington metropolitan area, providing vital resources to researchers, visiting scholars, and businesses throughout the region. The libraries' holdings include more than 2.5 million volumes, 24,000 subscriptions to periodicals and nearly 5 million items available in microfilm format.

# MORE, BETTER STUDENTS GO TO MARYLAND

There is no place better to be than the University of Maryland. As university President C.D. Mote Jr. noted in a recent *Baltimore Sun* front-page story, "This place is clearly on a tear."

With top-ranked academic programs (67 in the top 25, according to *U.S. News and World Report*), an honors program that competes with the Ivy League for top students, a prize-winning faculty (topped by a Nobel and six Pulitzers, among others), a highly diverse population, and a beautiful 1,580-acre campus located between the cultural and population centers of Washington, D.C., and Baltimore, Md., it's little wonder that more of Maryland's top high school graduates choose the University of Maryland over all other Maryland colleges, public and private, combined.

In the latest *U.S. News and World Report* rankings, Maryland was 18th nationally among all public universities. The colleges of engineering, education, computer, mathematical and physical sciences, and information sciences are all ranked in the top 25 nationally. So are many of the individual programs in those schools and others, including criminology, journalism, public relations, counseling and others. The Robert H. Smith School of Business has been ranked among the top business schools in the world by the *Wall Street Journal* and the *Financial Times of London*.

More than 40 percent of all entering freshmen at Maryland are now enrolled in high-achieving programs like the Honors Program, Honors Humanities, College Park Scholars, Gemstone and a growing roster of living-learning communities

## RESEARCH

Opportunities for conducting research abound at the University of Maryland, College Park, and in the surrounding area, both for faculty to advance their own expertise and bring their insights into the classroom, and for students to begin their exploration of their unique interests with practical experience. On campus, special facilities and a number of organized research centers, bureaus and institutes promote the acquisition and analysis of new knowledge in the arts, sciences and applied fields.

The university's enviable location – just nine miles from downtown Washington, D.C., and approximately 30 miles from both Baltimore and Annapolis

– enhances the research of its faculty and students by providing access to some of the finest libraries and research centers in the country.

## SERVICE

Programs of public service are central to the overall mission of the university. The philosophy is reflected in the wide array of programs and initiatives that benefit the state's business, agriculture and education communities.

With more than 90 high-technology firms in the three-county area of Montgomery, Prince George's and Frederick counties, the university has found abundant opportunity to extend its business and technology outreach programs to the region. Many of these programs are part of the Engineering Research Center, which operates the Technology Advancement Program and the Maryland Industrial Partnerships, programs designed to provide Maryland entrepreneurs and small businesses with research facilities, technical assistance, administrative support and access to technology that will advance their economic base.

The Institute for Systems Research has formed partnerships with major corporations, including Lockheed Martin, Westinghouse, BF Goodrich, Hughes Aircraft and Dupont to apply advanced systems research to solving industry problems in the fields of communications, manufacturing, controls and robotics.

The university last year opened the Clarice Smith Performing Arts Center, with its six state-of-the-art performance halls, which has quickly become a center of cultural programming in the Washington metropolitan area. The university also boasts four art galleries and a broad range of public art throughout the beautiful campus. Additionally intercollegiate, club and intramural sports provide students of all levels an opportunity to participate as spectators or athletes.

where students with common interests in such topics as civil society and entrepreneurship can live and study together. With their wide variety of subject areas and top faculty from throughout the university, these programs compete for students with the best public and private universities in the country.

High tech, engineering and service industries thrive in proximity to the campus, offering a wide spectrum of internship and work-study opportunities that only a major metropolitan area can provide.

Whether your focus is the sciences or the humanities, a small town atmosphere or a metropolitan feel, the University of Maryland, College Park offers a wide range of educational and cultural opportunities. There is no better place to be than the University of Maryland, College Park.

## DID YOU KNOW?



In 1991, Maryland had one program listed among Top 25 entrants in the *U.S. News & World Report* Rankings. Maryland now has 67 programs ranked among the nation's elite, and the university is ranked 18th nationally among public universities.



A report card published in *Technology Review* rated the top U.S. universities in their quest for intellectual property, commercial partners and profits. Johns Hopkins University and the University of Maryland (28th) were the Mid-Atlantic (Delaware, Maryland, Virginia, District of Columbia) schools to make the "campus patenting" top 50 list.



*Black Issues In Higher Education* ranked the university fourth nationally in bachelor's degrees earned by African-American students at traditionally white schools. Maryland ranks first in African-American undergraduate degrees in social sciences and history.



The *Wall Street Journal* ranked the Robert H. Smith School of Business No. 16 among the world's business schools. Maryland is the top-ranked school in the Mid-Atlantic region (Delaware, Maryland, District of Columbia, Virginia). The *Financial Times of London* ranked the Robert H. Smith School of Business No. 8 in information technology, No. 6 in faculty research and No. 7 in entrepreneurship.



In the only undergraduate program rankings released by *U.S. News & World Report*—business and engineering—both the Robert H. Smith School of Business (No. 18) and A. James Clark School of Engineering (No. 24) were ranked among the top 25. The university also ranked in the top 25 for its learning communities (3rd), first-year experience (12th) and service learning programs (24th).



An economic impact study conducted by the economists with the Jacob France Center, an applied economics analysis center at the University of Baltimore, concluded that the University of Maryland generates \$5.93 of economic activity for every dollar appropriated by the General Assembly, for a total statewide effect of nearly \$1.8 billion.



Nobel Laureate William Phillips joined the university's physics faculty and is establishing a world-class atomic, molecular and optical physics group on campus. The Philip Merrill College of Journalism now has five Pulitzer Prize winners on its faculty. A sixth faculty member, Eugene Roberts, directed the *Philadelphia Inquirer* to multiple Pulitzer's as managing editor.

# DR. C.D. MOTE JR.

University President  
California '51 • Sixth Year at Maryland



When C. D. "Dan" Mote Jr. became the 19th president of the University of Maryland on Sept. 1, 1998, he proclaimed it a university "on the move." Five years later, under his guidance, Maryland continues to move - at an ever-accelerating rate - on the field, in the classroom, in the community and in the world.

Leading a great university is a big job, but it's a role that Mote is accustomed to, having spent his entire academic career at the University of California at Berkeley, where he earned all his degrees, chaired one of the nation's top-ranked departments of Mechanical Engineering, and eventually became Vice Chancellor for University Relations before coming to Maryland.

The University of Maryland is the State of Maryland's most important asset, says Mote: "The future of the state depends on this university."

As president, Mote is committed to making that asset even greater by nourishing a culture of excellence and civility across the campus, providing the highest quality education for students, strengthening the university's connections with its various stakeholders, building partnerships with State and national corporations and federal agencies and achieving distinction as an institution where discovery takes place every day and everywhere.

The university's progress can be seen in every area, from its nationally-ranked programs to its growing range of partnerships to its world-class, state-of-the-art facilities.

## Quality Programs

Over the past decade, the quality of Maryland's programs has grown by leaps and bounds. In 2003, the University of Maryland moved up to 18th place among public universities in *U.S. News & World Report* rankings, the first time it has broken into the top 20 in its steady climb to distinction. We currently have 49 graduate and undergraduate programs and units ranked in the top 15 by *U.S. News & World Report*, up from 5 eight years ago.

While our academic successes have spread across the board, the university has emerged as a true powerhouse in business, computer science, earth sciences, engineering, environmental policy, education and journalism. Maryland is one of only 10 public and private universities that have their programs in computer science, mathematics, physics, and engineering each ranked in the top 20, and the Robert H. Smith School of Business is one of 6 nationally ranked in both the top 10 Business Faculty in Teaching and the top 10 Business Faculty in Research.

## Faculty Stature

With the addition during Mote's third year of a Nobel Laureate in Physics and three more Pulitzer Prize winners (to join three already on the faculty), Maryland continues to attract the best faculty available. This past year a faculty member was the recipient of the Japan Prize, an award given by the Japanese government in technology that is equivalent to the Nobel prizes. More than 30 of our faculty are members of the national academies, the highest professional recognition attainable.

Experts on the Maryland faculty are regularly sought by the news media for their views on a wide variety of issues, including political events, international affairs, social trends, economics, the environment, science and technology.

## Talented Students

Over the past 10 years, it has become a cliché to announce that each year's new freshman class is the most talented ever. The average GPA of entering students in fall 2003 is 3.9, while the average SAT score is nearly 1,300.

Not surprisingly, the number of students enrolling in honors and other special programs has also skyrocketed in recent years. Our extremely popular living-learning

programs, which bring together students with similar academic interests in a residential setting, were ranked 3rd in the country in the latest *U.S. News & World Report*. In the last academic year, over 6,000 students enrolled in such programs as Gemstone, College Park Scholars, and the Hinman CEO Entrepreneurship Program.

## Business Partnerships

The university's reputation for excellence and entrepreneurship attracts new partners to the state. A key drawing card to bring major players into the state will be the University of Maryland Enterprise Campus, "M Square," a 130-acre research park located near the College Park Metro. Tenants include federal agency centers and private firms.

A future tenant with extraordinary promise for economic enrichment is China, which is moving rapidly to become engaged in the global economy and seeking links to Western industry. The Ministry of Science and Technology of the People's Republic of China has established its first overseas research park in Maryland in partnership with the University. The Ministry sees this partnership as an opportunity to introduce China's emerging entrepreneurs to Western business practices and establish contacts with state's businesses and to serve as a base for China's technology entrée to the U.S.

Under Mote's leadership the university also helped to attract Fujitsu Laboratories of America to open a research facility in College Park. Fujitsu, the third-largest communications company in the world, shares a building with the Joint Global Change Research Institute, a research partnership between the university and the Pacific Northwest National Laboratory.

In order to fulfill its role as the state's most important asset, Mote has emphasized that the university must be engaged with the business and government communities in substantial and meaningful ways. In recent years, Maryland has assisted hundreds of Maryland businesses through its Technology Extension Program and Maryland Industrial Partnerships program, and incubated some of the most successful state biotech firms, including Martek and Digene, in its Technology Advancement Program.



Mote being presented with the NCAA trophy after the 2002 men's basketball championship game.

## World-Class Facilities

During Mote's second year in office, the university began the largest building boom in its history, with more than \$100 million in new projects breaking ground that year. New facilities address every aspect of university life, from the arts to recreation to classrooms and laboratories, and, in creative partnership with the private sector, new residential facilities.

Highlights of the construction activity on the campus include the stunning Clarice Smith Performing Arts Center; the Comcast Center; new classrooms for chemistry, computer science, business and engineering; new residence halls; extensive renovations to the Adele Stamp Student Union; and new parking structures.

Mote also has led the development of a new campus facilities master plan that aims at making the university a leader by example in environmental stewardship. In April 2003, the university was recognized by the Environmental Protection Agency and the National Wildlife Foundation for environmental achievements, including the environmentally friendly master plan and the creation of a cogeneration power system that will significantly reduce energy consumption.

## Athletic Excellence

Mote sees athletics as an integral part of the university experience. Indeed athletic success more often than not reflects academic success, he notes. For example, all four of the teams that played in the 2002 NCAA basketball Final Four, including Maryland, are members of the prestigious Association of American Universities, the organization that comprises the leading research and academic universities in North America. "That's no accident," Mote says. "Institutions that are committed to excellence tend to be excellent in every endeavor. Our successes in basketball, lacrosse and other sports reflects our culture of quality as much as our successes in engineering, business, education and journalism."

# DEBORAH A. YOW

## Athletics Director 10th Year at Maryland



Deborah A. Yow is in the tenth year of her outstanding tenure as director of athletics at the University of Maryland, a year that has seen unprecedented success and achievement in Maryland athletics. Each year has brought about continued improvement and accomplishment in Terrapin athletics. In Yow's nine years at Maryland, the Terrapins have won a remarkable nine NCAA national championships as Maryland athletics has soared to new heights.

The comprehensive success of Terrapin athletics under Debbie Yow's leadership is a clear and compelling testimony of her values of excellence, teamwork and accountability.

Likewise, her election to the presidency of the National Association of Collegiate Directors

of Athletics three years ago is an indication of the wide respect with which she is regarded among its 6,100 members representing 1,600 colleges in the U.S. and Canada. She was recently singled out by *Street and Smith Sports Business Journal* as one of the leading administrators in the U.S. and she received the Carl Maddox Sport Management Award presented by the United States Sports Academy for excellence in athletics administration. Yow was selected to serve on the U.S. Department of Education's Commission on Opportunities in Athletics to review the status of Federal Title IX regulations, as well as the chair of the Atlantic Coast Conference Committee on Television for the 2003-04 academic year. The committee, comprised of the ACC's athletics directors, is charged with overseeing the league's TV contracts and dealing with issues related to television. Additionally, in May, she was chosen as one of three recipients of the 2003 Women of the Year award by Women in Sports and Events.

Yow, who recently served on the NCAA Management Council and the NCAA Division I Budget Committee, is a strong and steady voice on behalf of intercollegiate athletics in America. Since taking over as AD at Maryland in 1994, she and her staff have:

- Transformed Terrapin athletics into a responsible, goal-oriented organization.
- Balanced all nine of the annual department's budgets (the first balanced budget in the 10 years prior to her arrival). The budget has now reached \$42 million annually and the sizable prior accumulated operating debts have been eradicated.
- Greatly enhanced the academic support services provided for student-athletes, with an enviable exhausted eligibility graduation rate of approximately 85 percent.
- Led the Terrapins to a national all-sports ranking in the upper 15 percent of all NCAA Division I institutions.
- Significantly expanded marketing and fund-raising efforts on behalf of Terrapin athletics. As a result, private gifts to athletics have increased 240 percent and corporate sponsorship revenues have increased by 275 percent during her tenure at Maryland.
- Continued to dramatically improve venues and facilities for the department's 25 teams.
- Implemented a strategic management model.
- Developed a comprehensive Internet strategy with management, marketing and fund-raising applications.
- Significantly improved customer care in every area.

The most recent achievements of Maryland athletics are exceptional:

- Selected recently by *U.S. News & World Report* as one of the Top 20 athletic programs in the nation (for overall quality and competitive excellence).
- In football, won the 2002 Atlantic Coast Conference championship and played in the 2002 Orange Bowl and followed this with an 11-win season and a 30-3 victory over the University of Tennessee in the Peach Bowl in December. In men's basketball, the Terps advanced to the Sweet 16 in the NCAA Tournament following its second consecutive

Final Four and the National Championship in 2002. The Terps are among only a few NCAA institutions to have achieved this level in both these revenue sports in the same year.

Additionally, Maryland is one of only five universities to win a National Championship in both basketball and football (UCLA, Michigan, Michigan State, Ohio State and Maryland).

- Hired the Associated Press National Coach of the Year, Brenda Frese, as the new women's basketball coach.
- Hired Dave Cottle, the third-winningest active men's lacrosse coach in the U.S.
- Field Hockey played for the National Championship in 2001.
- Women's Lacrosse has continued its winning ways and has won seven consecutive national championships through 2001.
- Enhancing football facilities significantly with Team House and practice field upgrades.
- Moved into the new \$125 million Comcast Center
- The athletics budget was balanced for the ninth consecutive year.
- In 2002-03, 10 Maryland teams competed in NCAA postseason play.
- The productivity, morale, and the competitive and academic achievement of Terrapin athletics are exceptional and continue to gain momentum.

Regarding the many achievements of Terrapin athletics over the past nine years,

Yow says, **"We are pleased, but we are not satisfied... our vision is to be one of the top 10 programs in the nation consistently... we see no reason to settle for less."**

Yow is known for her goal-oriented and proactive management style. She consistently inspires and challenges those around her to **"raise our sights and sharpen our tools... to work hard and smart... to recognize that our only limitations are those that we place upon ourselves."**

As a manager and a leader, she clearly models these principles. She is the only known current AD in NCAA Division I who has hired both the National Coach of the Year in football (while at Maryland) and the National Coach of the Year in men's basketball (while at Saint Louis University). Yow is known as "a coach's AD," while also being highly organized, strategic and proactive leader and administrator. Quite simply, Debbie Yow personifies the relational and management dynamics that are necessary to be an excellent administrator.

A successful former coach at the University of Kentucky and University of Florida, she moved into athletics administration at the University of Florida and the University of North Carolina, Greensboro, followed by a successful tenure as AD at Saint Louis University.

She has authored numerous articles and books on athletics management and human behavior, and is a respected leader in intercollegiate athletics in the United States.

Reflecting on the status of the Terrapin football program, Maryland's Director of Athletics points out, "Our 2001 ACC Championship and 2002 Peach Bowl champion football team is an important part of our emergence as a preeminent national athletics program. Our football coaches care greatly about their players and their welfare. They emphasize the great importance of going to class, being good students and getting their college degree. Parents of our football players understand that these young men are in good hands with this wonderful staff of coaches. Our young men in Terrapin football have a full range of support in training, academics and career guidance from our coaches and staff of caring specialists. **We are winning in the classroom and on the football field."**

Summing up the entire athletics program, our athletics director recently stated, "We have the finest student-athletes, coaches, support staff and administrative team in America. It is because of their courage, hard work and cooperative spirit that we now have a strong, viable athletic program. I am immensely proud of each of them. I am equally proud of our Terrapin fans who buy tickets, our Terrapin Club members who faithfully support the Maryland athletic program with their donations for scholarships, and the M Club members who serve and give liberally. We are also blessed with a terrific President Dr. Dan Mote, who has fostered a mindset of excellence across our institution. he is a strong and balanced advocate for what he calls 'the three A's of the University – Academics, the Arts and Athletics'. We have a great Terrapin family. That's the foundation for all of our success... and the basis for our bright future. It's a great time to be a Terp."



Debbie Yow is in her 10th year as Maryland's athletics director.

# ATHLETICS DEPARTMENT

## Director's Office

|  |                      |          |                     |
|--|----------------------|----------|---------------------|
| Athletics Director                             | Deborah A. Yow       | 314-7075 |                     |
| Executive Administrative Assistant             | Joyce Taylor         | 314-7075 | jt2@umail.umd.edu   |
| Executive Sr. Assoc. Athletics Director/SWA    | Kathleen Worthington | 314-7078 | kw130@umail.umd.edu |
| Senior Assoc. Athletics Director/CFO           | Larry Leckorby       | 314-7046 | ll142@umail.umd.edu |
| Administrative Assistant                       | Vicki Spinelli       | 314-8678 | vs9@umail.umd.edu   |
| Senior Assoc. Athletics Director/External Ops. | Joe Hull             | 314-7035 | johull@umd.edu      |
| Administrative Assistant                       | Lynn Ross            | 314-6999 | lynnross@umd.edu    |
| Associate Athletics Director/Internal Ops.     | Shawn Flynn          | 314-7162 | sflynn@umd.edu      |
| Associate Athletics Director/Varsity Sports    | Dave Haglund         | 314-7162 | haglund@umd.edu     |
| Associate Athletics Director/Administration    | Michael Lipitz       | 314-7171 | mlipitz@umd.edu     |

## Academic Support & Career Development

|   |                  |          |                     |
|---|------------------|----------|---------------------|
| Acting Assoc. A.D./Academic Support & Career Dev. | Val Sheley       | 314-7040 | vsheley@umd.edu     |
| Associate Director                                | Heather Arianna  | 314-7037 | h159@umail.umd.edu  |
| Associate Director                                | Donald Pearman   | 314-7042 | dap@umd.edu         |
| Assistant Director                                | Kathy Fueston    | 314-9662 | kf67@umail.umd.edu  |
| Assistant Director                                | Haji Turner      | 314-7038 | hmtturner@umd.edu   |
| Academic Counselor                                | Ellen Henderson  | 314-7044 | ehender1@umd.edu    |
| Program Asst. (Football)                          | Dahlia Levin     | 314-9291 | dlevin@umd.edu      |
| Academic Counselor (Football)                     | Natasha Criss    | 314-7316 | nncriss@umd.edu     |
| AEP Director                                      | Chris Loofe      | 314-2797 | cloofe@umd.edu      |
| Learning Specialist                               | Allison Lombardi | 314-7041 | alombard1@umd.edu   |
| Assistant Program Coordinator                     | Sharon Staples   | 314-0609 | ss414@umail.umd.edu |
| C.H.A.M.P.S. Graduate Assistant                   | Alessa Nicholson | 314-6444 | ajnich@umd.edu      |
| Graduate Assistant                                | Anita Sanyal     | 314-2797 | asanyal@umd.edu     |
| ASCDU Assistant                                   | Kim Walz         | 314-7043 | kiwalz@umd.edu      |
| Fax   |                  | 314-9997 |                     |

## Advancement

|  |                  |          |                       |
|--|------------------|----------|-----------------------|
| Asst. Athletics Director/External Operations | Cheryl Harrison  | 405-0729 | ch157@umail.umd.edu   |
| Administrative Assistant                     | Beth Deskins     | 405-0729 | abdeskins@hotmail.com |
| Director of Major Gifts                      | Cooper Jones     | 314-7073 | ajones@umd.edu        |
| Director of Major Gifts                      | Darryl Hill      | 314-7014 | dahill@umd.edu        |
| Administrative Assistant                     | Lynne M. Pollard | 314-7020 | lp125@umail.umd.edu   |
| Director of M Club                           | David Diehl      | 314-5372 | dd119@umail.umd.edu   |
| Administrative Assistant                     | Dotti Warren     | 314-7020 | dwarren@umd.edu       |
| Associate Director of Terrapin Club          | Julie Potter     | 314-7077 | potter@umd.edu        |
| Assistant Director of Terrapin Club          | Tracy Gletow     | 314-8626 | tgletow@umd.edu       |
| Gift Processor                               | Jennifer Evoy    | 314-7032 | jevoy@umd.edu         |
| Administrative Assistant                     | Louise Gilman    | 314-7020 | lgilman@umd.edu       |

## Business Office

|                                    |                  |          |                  |
|------------------------------------|------------------|----------|------------------|
| Assoc. Athletics Director/Business | Randy Eaton      | 314-7048 | reaton5@umd.edu  |
| Asst. Business Manager             | Jennifer Roche   | 314-7437 | jroche@umd.edu   |
| Asst. Business Manager/Payroll     | Cathy Jo Dedrick | 314-9532 | cdedrick@umd.edu |
| Office Supervisor                  | Phyllis Wallace  | 314-7050 | pwallac1@umd.edu |
| Administrative Assistant           | Lori Panko       | 314-9214 | lpanko@umd.edu   |

## Information Technology

|                                  |              |          |                  |
|----------------------------------|--------------|----------|------------------|
| Director, Information Technology | Lisa Packett | 314-7049 | lpackett@umd.edu |
| Systems Assistant                | Reza Lubis   | 314-7308 | ralubis@umd.edu  |

## Human Resources

|                             |             |          |                  |
|-----------------------------|-------------|----------|------------------|
| Director of Human Resources | Lisa Lepore | 314-1967 | lmlpore@umd.edu  |
| Administrative Assistant    | Lynn Ross   | 314-6999 | lynnross@umd.edu |

## Compliance

|   |                 |          |                  |
|---|-----------------|----------|------------------|
| Associate Athletics Director/Compliance | Jackie Campbell | 314-7258 | jackiec@umd.edu  |
| Director of Compliance                  | Chad Carlton    | 314-8325 | ccarlton@umd.edu |
| Compliance Coordinator                  | Amy Strickland  | 314-7081 | als267@umd.edu   |

## Equipment

|                   |                |          |                    |
|-------------------|----------------|----------|--------------------|
| Head Manager      | Ron Ohringer   | 314-7331 | ro12@umail.umd.edu |
| Assistant Manager | John Bowie     | 314-6647 | jbowie@umd.edu     |
| Assistant Manager | Mike Cefaratti | 314-7130 | mcef@umd.edu       |
| Assistant Manager | Tim Ahner      | 314-7110 | tahner@umd.edu     |

## Marketing

|   |                  |          |                 |
|---|------------------|----------|-----------------|
| Marketing Director                          | Christie Klar    | 314-5252 | mklar@umd.edu   |
| Marketing Assistant                         | Brett Tillett    | 314-7071 | btillet@umd.edu |
| Assistant Director, Trademark and Licensing | Joe Ebaugh       | 314-1203 | jebaugh@umd.edu |
| Administrative Assistant                    | Adrienne Burrows | 314-7072 | adrienn@umd.edu |

## Media Relations

|  |                 |          |                     |
|--|-----------------|----------|---------------------|
| Associate Athletics Director/Media Relations         | Doug Dull       | 314-7064 | ddull@umail.umd.edu |
| Assoc. Media Relations Director/ Publications Coord. | Jason Yellin    | 314-7062 | jyellin@umd.edu     |
| Assistant Media Relations Director                   | Greg Creese     | 314-7065 | gcreese@umd.edu     |
| Assistant Media Relations Director                   | Mark Fratto     | 314-8052 | fratto@umd.edu      |
| Assistant Media Relations Director                   | Natalie Ciccone | 314-7063 | nciccone@umd.edu    |

## Cheerleading Supervisor

# DAVE HAGLUND

## Assoc. A.D./Varsity Sports

## Oregon State '81 • Sixth Year at Maryland



Dave Haglund is in his sixth year on the University of Maryland athletic staff and his first as associate athletics director for varsity sports. He joined the University of Maryland athletic staff in January 1998 following a 16-year career in the sports information office at Fresno State University.

In June, after five-and-one-half years as the associate athletic director for media relations, he took over as associate athletic director for varsity sports and championships coordinator. In his new role, he serves as sports supervisor for a number of varsity programs, including gymnastics, volleyball, track and field, men's golf, softball and cross

country. In addition, he will coordinate ACC and NCAA championship events hosted by the university.

A 1981 graduate of Oregon State University, Haglund began his sports information career as an assistant SID at Fresno State in 1981 and was elevated to sports information director in 1996. During the course of his career at Fresno State, he served as the primary contact person for the Bulldogs' football, basketball, baseball and soccer programs. He also served as information director of the California Bowl (1982-83) for two years.

Haglund and his wife, Cindy, are the parents of two children: Samantha (10) and Matthew (7).

|                                    |              |          |                      |
|------------------------------------|--------------|----------|----------------------|
| Assistant Media Relations Director | Adam Zundell | 314-7066 | azundell@umd.edu     |
| Media Relations Assistant          | Amy Mulligan | 314-7068 | mulligan@wam.umd.edu |
| Media Relations Coordinator        | Mary Smith   | 314-7064 | marysmth@umd.edu     |
| Fax                                |              | 314-9094 |                      |

## Operations and Facilities

|  |                |          |                  |
|--|----------------|----------|------------------|
| Assistant Athletics Director/Ops. & Facilities | Chris Nations  | 314-7126 | cnations@umd.edu |
| Assistant Director of Operations               | Aaron Haviland | 314-7128 | ahavilan@umd.edu |
| Assistant Director of Operations               | Tom Divan      | 314-7127 | tdivan@umd.edu   |
| Operations Intern                              | Brandi Bnister | 314-6680 | bbnister@umd.edu |
| Administrative Assistant                       | Patty Benfield | 314-7126 | pbenfiel@umd.edu |
| Sports Turf Manager                            | Rob Anthony    | 314-7383 |                  |
| Assistant Groundskeeper                        | Eric Prunty    | 314-7383 | eprunty@umd.edu  |

## Sports Medicine

|                                     |                 |          |                     |
|-------------------------------------|-----------------|----------|---------------------|
| Head Trainer                        | Sandy Worth     | 314-9905 | sw42@umail.umd.edu  |
| Assistant to A.D., Men's Basketball | J.J. Bush       | 314-7132 | jjbush@umd.edu      |
| Assistant Trainer                   | Matt Charvat    | 314-9901 | charvat@umd.edu     |
| Assistant Trainer                   | Deanna Bennett  | 314-7137 | dbennett@umd.edu    |
| Assistant Trainer                   | Terrence Gee    | 314-8650 | tgee@umd.edu        |
| Assistant Trainer                   | Andrea Roth     | 314-7113 | ar188@umail.umd.edu |
| Sports Medicine Intern              | Niki McElroy    | 314-7137 | ymcelroy@umd.edu    |
| Sports Medicine Intern              | Mike Sypniak    | 314-7113 | msypniak@umd.edu    |
| Sports Medicine Intern              | Jason Olszewski | 314-9906 | jolszew1@umd.edu    |

## Strength and Conditioning

|   |                  |          |                    |
|---|------------------|----------|--------------------|
| Strength & Conditioning Coach           | Dwight Galt      | 314-9927 | dbgalt@umd.edu     |
| Assistant Strength & Conditioning Coach | Craig Fitzgerald | 314-9927 | cf97@umail.umd.edu |
| Assistant Strength & Conditioning Coach | Barry Kagan      | 314-9927 | barmyk@umd.edu     |
| Assistant Strength & Conditioning Coach | Corliss White    | 314-9927 | crwhite@umd.edu    |

## Ticket Office

|  |                  |          |                  |
|--|------------------|----------|------------------|
| Assistant Athletics Director/Ticket Operations | Greg Schiller    | 314-7093 | gschille@umd.edu |
| Associate Ticket Manager                       | Preston Robinson | 405-9273 | prestonr@umd.edu |
| Assistant Ticket Manager                       | Eloise Jones     | 314-7084 | eejones@umd.edu  |
| Assistant Ticket Manager                       | Debbie Russell   | 314-7085 | dlrussel@umd.edu |

## Video Services

|                          |               |          |                       |
|--------------------------|---------------|----------|-----------------------|
| Producer/Video Director  | Pat Shannon   | 314-1278 | ps@umd.edu            |
| Assistant Video Director | Sean Kobrin   | 314-5928 | kobes48@hotmail.com   |
| Football Video Director  | Mitch Wilkens | 314-9903 | mjwilkens@hotmail.com |

# ACADEMIC SUPPORT & CAREER DEV.

The University of Maryland is committed to providing the highest quality education to all of its students. The Department of Intercollegiate Athletics strives to provide student-athletes excellent opportunities to participate in an intercollegiate athletics program of the highest quality, with the result that their athletics participation becomes an integral and valued component of their total educational experience at the university.

Terrapin student-athletes will find that the same hard work and discipline that has earned them success in athletics competition is also required in the classroom. Balancing the significant time demands and responsibilities required to be a successful student-athlete at the highest collegiate level is no small task. Therefore, as a result of their commitment to representing the university through athletics, Terrapin student-athletes are able to utilize support programs designed to meet their specific needs.

Led by acting associate athletics director Val Sheley, the mission of the Academic Support and Career Development Unit (ASCDU) is to provide quality developmental programs and need-based services that will enhance academic progress, facilitate career development, and encourage the psychosocial growth of all UM student-athletes. **Kathy Fueston** (right) works with the cheerleading team.



The Gossett Academic Support and Career Development Center for Terrapin student-athletes, named for long-time Terp supporters Barry and Mary Gossett, is located in the Comcast Center. It features a study center that includes 25 desktop computers, a tutoring center, a classroom, a CHAMPS/Life Skills resource room and individual offices for six professional academic counselors, a director of enrichment programs, an assistant program coordinator and two graduate assistants. In addition, a new academic wing was added to the Gossett football team house last Fall. It features offices for two counselors, a program assistant and the learning specialist, as well as a quiet study area, 29-desk computer lab, classroom, tutor rooms and classroom/lab for the individualized learning program.

#### Academic courses, programs and services offered by ASCDU include the following:

- Student-athlete orientation
- Academic counseling
- NCAA academic eligibility monitoring
- Academic enrichment and career development presentations and workshops
- Accredited tutorial support
- Individualized learning program
- EDCP 10B-K (College learning strategies and skills)
- EDCP 10B-M (Math learning strategies and skills)
- UNIV 100 (First-year transitions to the university)

## Maryland Gameplan

The Maryland Gameplan is intended to assist graduating Terrapin student-athletes as they begin the job search process. It is distributed to more than 500 corporations and businesses across the country, in addition to being featured on the M Club website. Prospective employers are introduced to our graduating student-athletes with resume information relative to academic, career and personal achievements. The Maryland Gameplan directory is produced annually in collaboration with the M Club.



## Career Networking Night

Because career development is an ongoing process, ASCDU provides a variety of programs for student-athletes throughout the year. Professional assistance with resume-writing, interviewing skills, graduate school search and job search is readily available to all student-athletes. During the spring semester ASCDU hosts the Career Networking Night, where student-athletes can learn about career interests and career planning. Unlike typical "job fairs," the purpose of this program is to allow student-athletes to explore multiple career opportunities by speaking directly to individuals in their chosen areas of interest. Employers at the Career Networking Night recognize the marketable qualities student-athletes have gained through athletic participation. Student-athletes learn about opportunities for internships and full-time jobs.

## Student-Athlete Advisory Council

The Student-Athlete Advisory Council (S.A.A.C.) plays an important role in the Department of Intercollegiate Athletics. It consists of two representatives from each varsity sport and meets on a regular basis with representatives from the athletic administration. The S.A.A.C. mission is to enhance the total student-athlete experience by developing leadership skills, promoting student-athlete welfare and fostering a positive student-athlete image on the Maryland campus, local area and nationally.

## CHAMPS/Life Skills Programs

ASCDU houses the NCAA's (National Collegiate Athletic Association) Challenging Athletes' Minds for Personal Success (C.H.A.M.P.S.) Life Skills Program. The ASCDU staff, in collaboration with various other Department of Intercollegiate Athletics' units and campus resources, strives to provide a systematic personal development program designed to reach each student-athlete based on his or her individual needs. The focus of the program is on the individual academically, athletically and emotionally, and on the changing needs and skills of that individual in the years during college and after graduation. The menu of presentations, workshops and seminars is a comprehensive and balanced system of "life learning" programs promoted for use by each varsity sport team.

#### Highlights of the CHAMPS/Life Skills Programs:

- Support efforts of every student-athlete toward intellectual development and graduation
- Use athletics as preparation for success in life
- Meet the changing needs of student-athletes
- Promote respect for diversity among student-athletes
- Enhance interpersonal relationships in the lives of student-athletes
- Assist student-athletes in building positive self-esteem
- Enable student-athletes to make meaningful contributions to their communities
- Promote ownership by the student-athletes of their academic, athletic, personal and social responsibilities
- Enhance partnerships between the NCAA, member institutions and their communities for the purpose of education
- Encourage the development of leadership skills



## CHAMPS/Life Skills Programs Commitment Statements

**Commitment to Academic Excellence** To support the academic progress of the student-athlete toward intellectual development and graduation.

**Commitment to Athletic Excellence** To build philosophical foundations for the development of athletic programs that are broad-based, equitable and dedicated to the well-being of the student-athlete.

**Commitment to Personal Development** To support the development of a well-balanced lifestyle for student-athletes, encouraging emotional well-being, personal growth and decision-making skills.

**Commitment to Career Development** To encourage the student-athlete to develop and pursue career and life goals.

**Commitment to Service** To engage student-athletes in service to his/her campus and surrounding communities.

## Academic Support For Returning Athletes Program

The Academic Support for Returning Athletes Program was created in 1986 to support the academic efforts of former varsity student-athletes at the University of Maryland, College Park. In 1989, ASRAP was assigned by the President's Office to the Academic Achievements Program and enrolled 40 students that year. As a member of the National Consortium for Academics and Sports (NCAS), the University of Maryland is committed to assisting its former athletes with degree completion. A key component of the program is community outreach. Each returning student completes a "workshop" that allows the cost of tuition and fees to be exchanged for community services with youth. In 2002, ASRAP moved into the ASCDU.

## STRENGTH & CONDITIONING

In the highly competitive collegiate cheerleading world the pre-competition preparation of the student-athlete is a critical component to the competitive success of any Division I program. Dwight Galt, Maryland's director of strength and conditioning and **Barry Kagan** (right), who works with the cheerleading team, believe strongly that a solid training program can dramatically improve levels of performance, as well as significantly reduce the chance of injury. The benefit of performing structured strength and power training throughout the entire year has allowed the Terps to reach new levels in physical development.



At the University of Maryland, the maximal development of athleticism is the primary goal of the strength and conditioning program. To accomplish this requires more than just strength and power training in the weight room. Agility, flexibility, conditioning, plyometrics, and nutrition also play critical roles. The Terps' strength staff places substantial emphasis on all these areas, with special attention on the improvement of speed potential. Galt and his staff employ a wide range of state-of-the-art training methods to assist in enhancing all aspects of speed development.



The Terps are fortunate to train in two of the premier weight training facilities in the nation. Conveniently located in the Gossett Team House and Comcast Center, these facilities have excellent aesthetic appeal. The Terps' spacious weight rooms includes 7,200 square feet of functional floor space, with two elevated offices that are easily accessible to the training floor.

# MEDIA INFORMATION

## MEDIA GUIDELINES

**Credentials:** Media and photographer credentials for cheerleading events at may be obtained by working press, radio and television by writing or calling Alissa Clendenen in the Maryland Athletic Media Relations Office, 2725 Comcast Center, College Park, MD 20741-0295. All requests should be submitted at least 48 hours prior to the event by phoning the Media Relations Office at (301) 314-7068. Since space is limited, accommodations are on a priority basis: daily newspapers and wire services, originating radio and television stations, national weekly or monthly publications, electronic media outlets, local and regional television crews. Priority is granted to members of the media who cover Maryland athletics on a regular basis, and to visiting media members. Photo passes will be issued only to accredited photographers on assignment.

**Services:** The Media Relations Office will provide complete statistics at the conclusion of every home meet. Programs containing rosters and event notes on each team will be provided for the working media.

**Fax Machine:** The Media Relations Office has one facsimile machine, located in Room 2725 of Comcast Center, which is available upon request. The fax number is (301) 314-9094.

**Terps on the Web:** For up-to-date game stories, statistics, schedules and results, and other Maryland athletic department information, please locate [www.umterps.com](http://www.umterps.com) on the Internet.

### Cheerleading Contact

Alissa Clendenen  
Student Assistant, Media Relations  
University of Maryland  
2725 Comcast Center  
College Park, MD 20741-0295



#### Important Telephone Numbers

(301) 314-7064 - Media Relations Office  
(301) 314-9094 - Media Relations Fax  
(301) 314-1483 - Clendenen's Office  
(443) 365-0294 - Clendenen's Home  
(301) 314-2771 - Cheerleading Office  
(301) 405-0955 - Cheerleading Office Fax  
**Clendenen's E-mail address:** [akclende@umd.edu](mailto:akclende@umd.edu)  
**Terps Web Site:** [www.umterps.com](http://www.umterps.com)

## MEDIA OUTLETS

### Newspapers

**Washington Post**  
1150 15<sup>th</sup> Street  
Washington D.C. 20071  
Phone: (202) 334-7350  
Fax: (202) 334-7685  
[www.washingtonpost.com](http://www.washingtonpost.com)

**Washington Times**  
3600 New York Ave. N.E.  
Washington D.C. 20002  
Phone: (202) 636-3269  
Fax: (202) 529-7869  
[www.washingtontimes.com](http://www.washingtontimes.com)

**Baltimore Sun**  
501 North Calvert Street  
Baltimore, Md. 21203  
Phone: (410) 332-6200  
Fax: (410) 783-2518  
[www.sunspot.net](http://www.sunspot.net)

**Montgomery Journal**  
2 Research Court  
Rockville, Md. 20850  
Phone: (301) 816-1427  
Fax: (301) 816-1421  
[www.jrnl.com/mtg/](http://www.jrnl.com/mtg/)

**Prince George's Journal**  
9426 Annapolis Road  
Lanham, Md. 20706  
Phone: (301) 731-8303  
Fax: (301) 731-8363  
[www.jrnl.com/pg/](http://www.jrnl.com/pg/)

**Terrapin Times**  
P.O. Box 993  
Bel Air, Md. 21014  
Phone: (800) 594-9320  
Fax: (410) 256-8838  
[www.superterp.com](http://www.superterp.com)

### Television

**Comcast SportsNet**  
7700 Wisconsin Ave.  
Suite 200  
Bethesda Md. 20814  
Phone: (240) 497-3401  
Fax: (301) 718-3324  
[comcastsportsnet.com](http://comcastsportsnet.com)

### Student Media

**The Diamondback**  
3136 South Campus  
Dining Hall  
University of Maryland  
College Park, Md. 20742  
Phone: (301) 314-8200  
Fax: (301) 314-8358  
[www.inform.umd.edu/Diamondback/](http://www.inform.umd.edu/Diamondback/)

**WMUC Radio**  
3130 South Campus  
Dining Hall  
University of Maryland  
College Park, Md. 20742  
Phone: (301) 314-7866  
Fax: (301) 314-7879  
[www.wmuc.umd.edu/](http://www.wmuc.umd.edu/)

### National Media

**USA Today**  
1000 Wilson Blvd  
Arlington, Va. 22229  
Phone: (703) 276-3761  
Fax: (703) 276-5505  
[usatoday.com](http://usatoday.com)

For everything you ever wanted to know about the Terps, check out:

**WWW.UMTERPS.COM**



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polls,  
tickets.

